

PLANNING COMBAT

	11.00	12.45	13.00	18.00	18.30	19.00	20.00	20.30
lun		Muay Thai Gualtiero				Muay Thai Gualtiero <hr/> Pugilato Manuele		Muay Thai Gualtiero
mar		Muay Thai Gualtiero			Kick Boxing K1 style Ahmed	BJJ no-gi Francesco	MMA Striking/Sanda Francesco	
mer		Muay Thai Gualtiero	MMA Luca			Muay Thai Gualtiero <hr/> Pugilato Manuele		Muay Thai Gualtiero <hr/> BJJ con Kimono Luca
gio		Muay Thai Gualtiero			Kick Boxing K1 style Ahmed	BJJ no-gi Francesco	MMA Striking/Sanda Francesco	
ven		Muay Thai Gualtiero	MMA Luca	Pugilato Manuele	Kick Boxing K1 style Ahmed	Muay Thai Gualtiero	BJJ con Kimono Luca	
sab	MMA Luca							