PLANNING COMBAT

	11.00	12.45	13.00	18.00	18.30	19.00	20.00	20.30	21.00
lun		Muay Thai Gualtiero				Muay Thai Gualtiero --- Pugilato Manuele		Muay Thai Gualtiero	
mar		Muay Thai Gualtiero		BASIC Muay Thai Gualtiero	Kick Boxing K1 style Ahmed	BJJ no-gi Francesco	Pien San Wing Chun Simone --- MMA Striking/Sanda Francesco		FCS Kali Simone
mer		Muay Thai Gualtiero	MMA Luca			Muay Thai Gualtiero --- Pugilato Manuele		Muay Thai Gualtiero --- BJJ con Kimono Luca	
gio		Muay Thai Gualtiero			Kick Boxing K1 style Ahmed	BJJ no-gi Francesco	Pien San Wing Chun Simone --- MMA Striking/Sanda Francesco		FCS Kali Simone
ven		Muay Thai Gualtiero	MMA Luca	Pugilato Manuele	Kick Boxing K1 style Ahmed	Muay Thai Gualtiero	BJJ con Kimono Luca		
sab	MMA Luca								